

Why Do Tigers Have Stripes?

Increasing personal effectiveness

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Why do Tigers Have Stripes: what is it?



When somebody says, “I can’t do it” - is it an attitude, an excuse or plain fear? We need to know which personal barrier is hindering us from becoming effective.

Why Do Tigers Have Stripes is an intriguing workshop that tackles personal effectiveness which will build up towards team effectiveness. Participants will undergo a mental workout to consider a new perspective towards becoming a better, more effective self.

Key Concepts

- ☑ Challenging presumptions
- ☑ Openness to new perspectives
- ☑ Facilitating team consensus
- ☑ Awareness of personal barriers
- ☑ Overcoming mental blocks
- ☑ Managing individual differences
- ☑ Taking ownership to change
- ☑ Self-motivation to initiate actions
- ☑ The skills of self-reflection

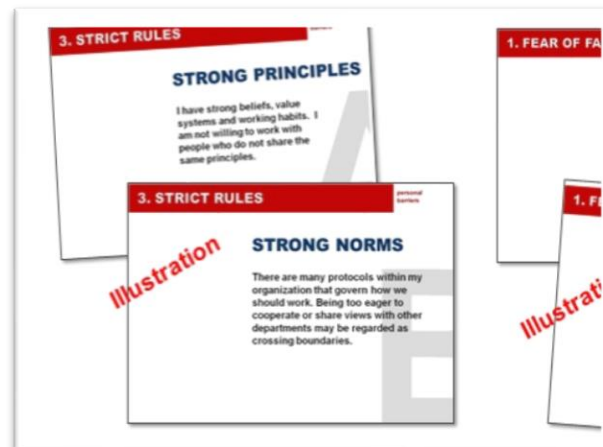
Why do Tigers Have Stripes: how does it work?

“Why Do Tigers Have Stripes” aims to calibrate the personal expectations of participants to form the building blocks for an effective team. It consists of 3 parts:

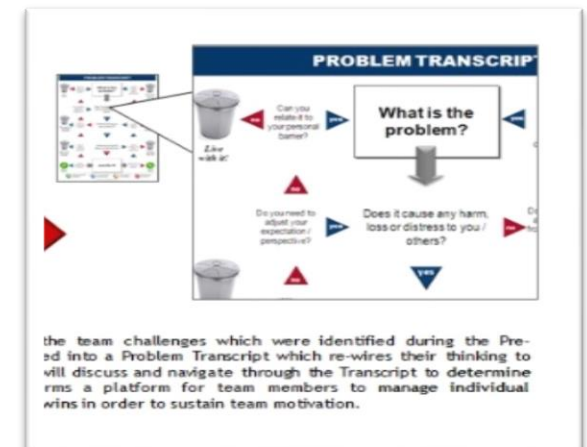
PART 1: CHALLENGING THE BELIEFS



PART 2: PERSONAL BARRIERS



PART 3: TAKING OWNERSHIP



Beliefs are often formed about certain practices based on past experiences. Participants will be challenged to re-think their assumptions on a number of personal and teamwork-related areas.

Participants will examine 8 personal barriers which may hinder people from thinking out of the box.

Participants will employ a problem transcript that re-wires their thinking to prioritize actions on the right issues and take greater ownership in improving personal effectiveness.

bringing life to business

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