

# Emotional Intelligence - Translating emotions into positive behaviors

In an increasingly digitalized world, Emotional Intelligence becomes ever vital to organizations. Yet, it remains an abstract and complex skill for most people. In this interactive talk, we give you insights on what EI actually looks like in the workplace, so that people can begin practicing it visibly and immediately.

### Talk Coverage:

- 1. Why is Emotional Intelligence crucial to your business in a digitalized world?
- 2. What are the visible habits of individuals with high Emotional Intelligence?
- 3. How do we translate Emotional Intelligence into tangible results?

#### Who Should Attend?

People Managers, Business Leaders, HR Practitioners

To register, please complete a 2-minute survey at <a href="https://forms.gle/6nh5F3PTJ8mPL26f6">https://forms.gle/6nh5F3PTJ8mPL26f6</a>



#### About John Lau

John has over 20 years experience in organizational change & leadership transformation across various industries. Known for his energetic & daring facilitation style, he challenges audiences to re-think the conventional while holding them accountable in taking pragmatic actions. As the Managing Director of Hann Consulting, he also specializes in designing business simulations & succession plans.

## Half-Day Schedule

Emotional Intelligence Workshop Preview	
8:30am - 9:30am	Breakfast & Networking
9:30am - 9:45am	Introduction to Emotional Intelligence
9:45am - 10:15am	WHY Why is Emotional Intelligence crucial to your business in an increasingly digitalised world?
10:15am - 11:30am	WHAT What are the visible habits of individuals with high Emotional Intelligence?
11:30am - 11:45am	Coffee/ Tea breaks
11:45am - 12:45am	HOW How do we translate Emotional Intelligence into positive behaviours?
12:45am - 1:00pm	Q&A